

Should You Return to In-Person Office Work? How Aristotle Can Help You Decide

Dr Adam Andreotta, Dr Michael Baldwin, Dr Jacqueline Boaks (Sub-Discipline of Ethics and

Sustainability, School of Marketing and Management, Curtin University)

Dr Clifford Stagoll (Discipline of Philosophy, School of Humanities,

University of Western Australia)

Context (I)

Just weeks after returning to the office, many Apple workers are unhappy and ready to quit

May 3, 2022 1:17 AM GMT+

MONEY | Opinion €

Shaky Wi-Fi, a stained blazer, forgotten lunch: Going back to the office was harder than expected

Getting ready for the office — and spending the day there — feels like a monumental task.

The 3 'biggest mistakes' companies make with return to office, according to Google's head of Workspace

Published Fri, Apr 8 2022-9:55 AM ED

Deborah Childs: How the return to the office will affect workers' mental health

Deborah Childs | The West Australian Fri, 6 May 2022 2:00AM | **©** Comments | ◆

Why Amanda is hoping flexible work is here to stay



WORK

The Worst Part of Working From Home Is Now Haunting Reopened Offices

BY ALISON GREEN MARCH 28, 2022 • 5:50 AM

The sky-high cost of returning to the office

After two years of remote work, spending a day in the office can be a shock to the wallet – and rising costs are making it worse.

Employee monitoring software became the new normal during COVID-19. It seems workers are stuck with it

ABC Science / By technology reporter James Purtill
Posted Fri 6 May 2022 at 2:30am, updated Fri 6 May 2022 at 7:15am



Context (II)

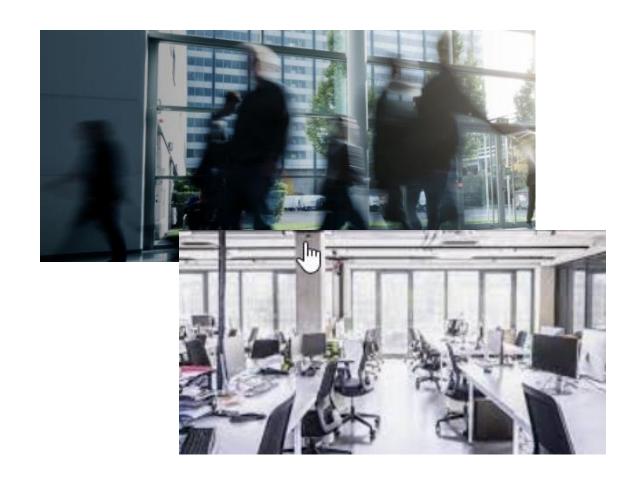
Elon Musk tells Tesla staff to return to the office or 'pretend to work somewhere else'

Posted 5h ago, updated 1h ago



Agenda

- Background and current directions
- Some reasons for disparate views
- The current range of alternatives
- Issues with current alternatives
- Aristotle and the purpose-focused approach
- Steps in the purpose-focused approach
 - Examples
- Empirical questions
- Public policy implications
- Advantages of the purpose-focused approach





Background

- Covid-19 impacted work arrangements significantly
 - Much 'white collar' work shifted from office to home
 - Heavy reliance on technology for communication and document exchange
- Increasing vaccination rates and a desire for normalcy have prompted calls for a return to the office
- Responses amongst employees and employers have been mixed
- Typically, employer decisions about a return have been ad hoc and inconsistent
 - Disparate approaches and incomplete justifications

We propose a decision-making method oriented towards business purpose that is systematic and repeatable, and encourages constructive organisational culture



Current directions

- The issue is being navigated by large corporations in real time and in the public eye
 - Apple three days in office, rejected twice by employees
 - Google directed return but revised under employee pressure to three days in office, two at home
 - Facebook supports remote work
 - Twitter supports remote work
- Employee preferences about whether and how to return to the office are similarly inconsistent
- Employer positions are changing quickly and often





The future of work at Google is flexibility. The majority of our employees still want to be on campus some of the time yet many would also enjoy the flexibility of working from home a couple days a week...

9:04 AM · May 6, 2021 · Twitter Web App

1,484 Retweets 322 Quote Tweets 15.7K Likes



Some reasons for disparate views

Employers

Employees

Favouring return

- Closer staff management
- Encourages teamwork
- Sunk facility investment

- Separates work and home
- Socialisation benefits
- Clearer communication

Opposing return

- Little productivity data
- Reduced real estate costs
- Attractive to staff

- Saved commute time
- Less direct supervision
- Ability to complete chores



Such reasons ought not to be decisive

- Decision-making that begins with mere opinions and a list of dissimilarities between options brings significant problems
 - Arguments from self-interest make the matter personal rather than methodological
 - Focuses is on particular issues and interests rather than generalisable approaches and shared opportunities
 - Encourages disagreement rather than constructive dialogue
 - Whose issue is more fundamental or important? Why?
 - How should issues be 'traded off' against others?
 - No single method (or issue or language of last resort) that unifies or decides amongst diverse perspectives



The current range of alternatives (I)

Option 1

Return to the office (once safe)

- 'Pick up where we left off'
- Proven and familiar means of work
- Space, equipment, procedures etc. are in place

- Ignores preferences of employees who favour remote work
- Consequent impacts on morale
- Ignores productivity benefits amongst remote staff
- Diminishes potential to reduce office space and costs

The current range of alternatives (II)

Option 2

Make remote work permanent

- Continue accruing benefits of remote work
- Agreeable to many employees
- Might be the realisation of a new paradigm founded on electronic information exchange

- The benefits are not matched with costs
- Not agreeable to all employees
- Not appropriate or readily implementable for all work types



The current range of alternatives (III)

Option 3

Hybrid combination of remote and office work

- Appears to maximise preference satisfaction amongst all parties
 - Mediation between employee and employer interests

- Requires analysis of impact on organisation as a whole
- Likely to lead to resentment where preferences cannot be met
- Appropriate arrangements require significant analysis



The current range of alternatives (IV)

Option 4

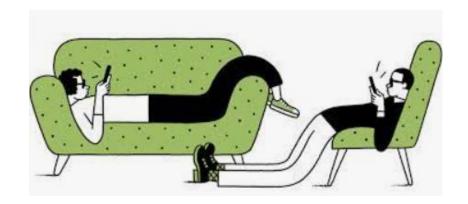
'Wait and see'

- Ability to learn lessons and follow examples from 'market leaders'
 - Benefits in terms of equity and perhaps recruitment

- There might not be time to wait
- Lessons might be inconsistent and unhelpful
- Who are the 'market leaders'? Leaders in what regard?



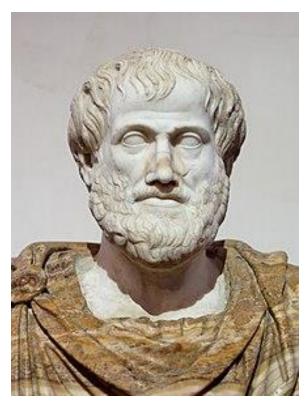
Instead ...



Rather than ad hoc decisions based on self-interest and generalisations about preferences, we favour a systematic methodology framed by organisational purpose



Aristotle and a purpose-focused approach (I)



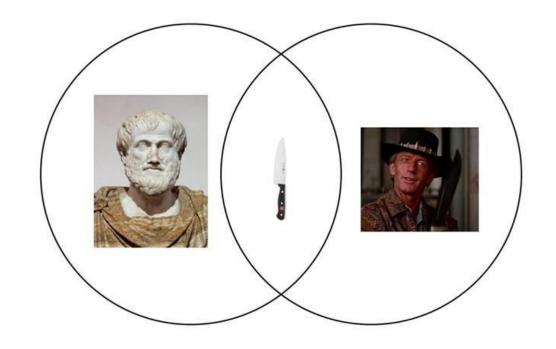
Aristotle 384-322 BC Copyright: Wikipedia, "Aristotle," CC-BY-SA-4.0

- Aristotle provides a sophisticated theory of the relationship between superordinate and subordinate purposes, and their implications for decisions and actions
 - Everything (people, flowers, machinery, institutions, ...) has an ultimate purpose, or *telos*
 - "every skill and every inquiry, and ... every action and rational choice, is thought to aim at some good; and so the good has been aptly described as that at which everything aims" (Nicomachean Ethics 1999 Bk 1 Ch 1)
 - An activity's (or thing's) purpose defines the relevance and appropriate application of its attributes



Aristotle and a purpose-focused approach (II)

- An activity's (or thing's) purpose defines the relevance and appropriate application of its attributes
- So by understanding purpose, we make better decisions about the deployment and exercise of those attributes
 - e.g. the purpose of a knife
- Deciding the purpose of office work in its context will help decide its significant attributes, guiding both the threshold decision and consequent work arrangements





Steps in the purpose-focused approach

Step 1

Decide ultimate (corporate) purpose

Requires instructive investigation and reasonable agreement

- Mission/Vision statement *might* be a guide
- No objectively correct answer

Step 2

Decide subordinate (role) purpose

e

Step 3

Identify tasks that realise subordinate purpose

Step 4

Assess whether the tasks ought to be performed in an office

- Requires an informed decision re level of abstraction (e.g. role, job, function, work
- Framed in terms of the corporate telos

type)

- Tasks not relevant to subordinate purpose can be ignored
- Can be generalised (for use in policy decisions) or particularised (for specific roles or jobs)
- A range of empirical questions
- Depending on corporate purpose, the question can be changed to 'ought to be' or 'can be performed at home'



Example 1 – Design Engineer

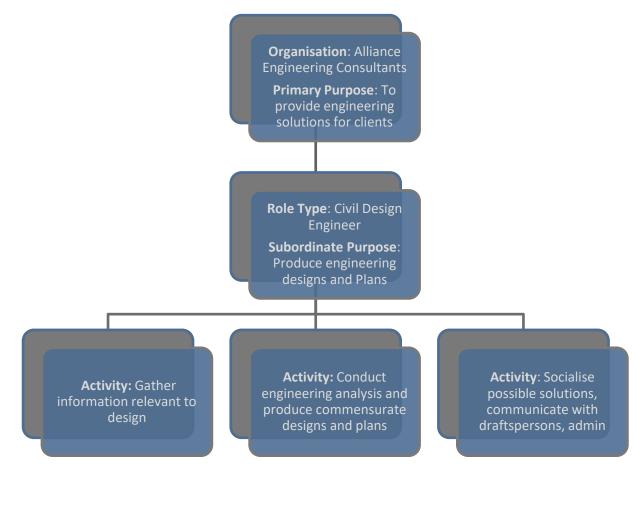
Step 1 Ultimate (Corporate) Purpose

Step 2
Subordinate
Purpose

Step 3 Tasks

Step 4
Office?

- Decide organisational purpose before identifying subordinate purposes
- What does the job (or job type) contribute to realising the ultimate purpose
- Identifying activities at an appropriate level of abstraction (will require 'local knowledge')
- Are there reasons that activities must be performed in the office?
- Ensures that empirical analysis is relevant and justified





Example 2 – Training Manager

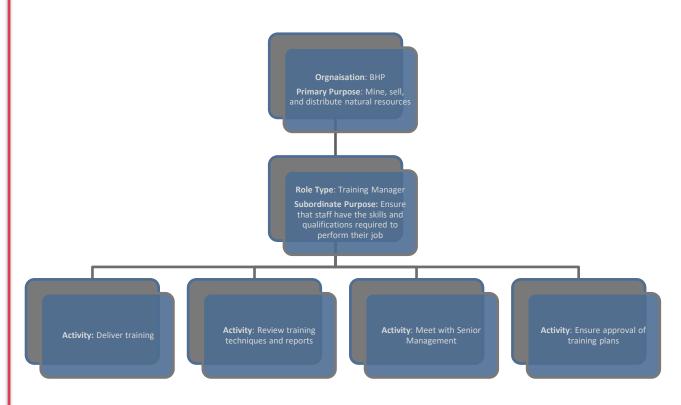
Step 1 Ultimate (Corporate) Purpose

Step 2
Subordinate
Purpose

Step 3 Tasks

Step 4
Office?

- Size of the company might seem to complicate the process, but devolved decision making and clear procedures make it workable
- Suitability of delivery-oriented functions for remote work will turn on the nature of the delivery (e.g. on-line v. classroom training)
- The empirical analysis might change with new technology ... another 'round' of reviews?





Empirical questions (I)

- For Step 4, a basic understanding of the situation will sometimes be sufficient; in other cases, a detailed and sophisticated analysis will be needed
 - e.g. the design engineer's manager might decide that she is suited to home-based work just because she is well organised, adapt at CAD, and competent using Zoom
 - e.g. the training manager's suitability for home work might rely on new training technologies, so that the transition is delayed
 - e.g. one training manager role might be suitable for home work, but not another one
 - A manager responsible for a policy that applies to many different roles will require much empirical data, and must allow for assessments of individuals and particular jobs
 - A formal role profile and performance appraisal might be required for each case
 - For the hybrid approach, the ratio of home to office work will require empirical evaluation
 - Harmony amongst those affected will be encouraged by agreed method and data sources conducted in terms of the agreed organisational purpose



Empirical questions (II)

- Other empirical matters will inform decisions about a range of jobs and work types within an organisation
 - Availability of technologies supporting remote work
 - Availability of training and technical support
 - The place of embedded traditions and work practices
 - Access to organisational images and facilities
- Yet other empirical matters will inform decisions across a range of organisations
 - Efficacy of in-person v. on-line communication, and sociocultural implications (trust, unity, clarity of message, ...)
 - Best means of group communications
 - Impact of long-term remote work on procedural discipline







Public policy implications

- Amendments to industrial relations instruments and practices
- Socio-economic impacts of new technologies and work practices
 - Including knock-on effects of increased automation
 - Encouraging new employees from amongst a home-based labour pool?
 - Will efficiency gains support a Universal Basic Income?
- Impacts of changed social arrangements and reduced interpersonal exchanges



- Mental health risks
 - Scope of WA OH&S regulations expanded to include psychological harm
- Public infrastructure implications
 - Changed patterns of power use
 - Impacts on transport infrastructure and public transport
 - Impacts on road, power, and internet infrastructure



Benefits of a purpose-focused approach

- Advantages of framing decisions in terms of corporate purpose
 - Discussions are oriented towards the good of the organisation
 - Rather than privileging certain people, jobs, skills, levels, etc.
 - Prevents decisions based on wrong (or subordinate) goals
 - Avoids arguments from self-interest and discussions of minutiae, reorienting the discussion to higher-level matters
 - Encourages stakeholders to refer to the language and substance of organisational purpose in subsequent discussions
 - Encourages constructive exchanges amongst and between organisational levels
 - Enables work arrangements to be revisited when circumstances change without 'going back to square one'



A Purpose-Focused Approach to Decisions About Returning to In-Person Office work

Full report is available at

research.curtin.edu.au/businesslaw/ourresearch/centres-and-institutes/jcipp/publicpolicy-digital-age/reports/